

Lenten Vespers

Sundays in Lent

Starts - Sunday, February 21st

Ends - Sunday, March 28th

6:30 - 7:00 p.m.

F-Wing



From the earliest years dating back to the apostolic Church, Christians have paused at various times in the course of the day to pray. These designated prayer times have become what we now call the Liturgy of the Hours. Vespers (Evening Prayer) is one of the principal celebrations of the Liturgy of the Hours and Sunday evenings are an excellent opportunity to pray Vespers. This liturgical service is prayed by candle light, augmented with incense, and includes assembly singing, psalms, a reading of scripture, and intercessory prayer.

At St. Michael's we have historically prayed Vespers on the Sundays of Advent and Lent. This tradition will continue with Vespers being celebrated each Sunday of Lent, beginning at 6:30 p.m. in the "F" Wing. The first Vespers liturgy for 2010 will be held on the evening of February 21. Vespers is a powerful yet peaceful celebration of the end of one week and the beginning of the next. This is a wonderful way to fulfill one of our Lenten disciplines, that of prayer. Whether you've participated in Vespers before or are new to this community prayer, please plan to join us this Lent!